



Name	O/F	AG	Race	No	Run	T1	Bike	T2	Run 2	Result	
Michael Briggs	M	45-49	Sprint	12	18:36	00:51	00:31:56	00:38	09:44	1:01:45	1
Dave Jousiffe	M	40-44	Sprint	7	17:08	00:52	00:35:27	00:51	09:11	1:03:29	2
Liam Pilkington	M	35-39	Sprint	33	17:55	01:33	00:34:38	00:53	09:14	1:04:13	3
Joe Marsh	M	20-24	Sprint	3	17:27	01:32	00:36:55	01:32	09:15	1:06:41	4
Oscar Pye	M	15-16	Sprint	14	19:40	00:33		57:23	10:28	1:06:51	5
Cian Taylor	M	15-16	Sprint	29	16:08	01:30	00:40:20	01:42	08:35	1:08:15	6
Oliver Moore	M	30-34	Sprint	26	18:03	00:34	00:41:15	00:34	09:46	1:10:12	7
Ian Campbell	M	50-54	Sprint	18	18:39	08:13	00:34:06	00:56	09:58	1:11:52	8
Dave Gibbs	M	60-65	Sprint	32	19:29	01:20	00:40:35	00:57	09:57	1:12:18	9
Will Betts	M	30-34	Sprint	10	19:57	01:55	00:39:12	00:50	11:14	1:13:08	10
Alexander Hodgson	M	20-24	Sprint	22	19:58	01:12	00:40:17	00:59	10:55	1:13:21	11
Will Adams	M	30-34	Sprint	5	20:05	01:10	00:39:56	01:00	11:15	1:13:26	12
Dave Tomlinson	M	45-49	Sprint	30	20:16	01:10	00:43:24	01:38	10:10	1:16:38	13
Claire Keat	F	40-44	Sprint	9	20:10	01:32	00:44:29	01:26	10:34	1:18:11	14
David Juggins	M	70-74	Sprint	19	20:49	01:28	00:44:36	00:47	10:47	1:18:27	15
Pippa Ullah	F	20-24	Sprint	25	22:31	00:33	00:48:34	00:32	10:35	1:22:45	16
Monika Paprzycka-casson	F	40-44	Sprint	23	25:04	01:31	00:39:31	01:30	15:22	1:22:58	17
Shirley Ralph	F	45-49	Sprint	28	24:34	00:38	00:44:48	00:51	14:13	1:25:04	18
Michael Hamilton	M	30-34	Sprint	20	19:31	01:30	00:56:12	01:16	10:16	1:28:45	19
Ritchie Bleackley	M	35-39	Sprint	17	21:38	02:22	00:51:32	01:57	12:07	1:29:36	20
Beverley Meakin	F	65-69	Sprint	16	23:56	01:29	00:50:02	01:58	12:48	1:30:13	21
Daniel Hughes	M	40-44	Sprint	4	22:24	01:32	00:55:08	01:56	11:27	1:32:27	22
Dominic Martin	M	35-39	Sprint	8	27:26	00:59	00:52:24	00:46	10:58	1:32:33	23
Miranda Phillips	F	35-39	Sprint	34	26:54	00:29	00:51:05	00:52	13:35	1:32:55	24
James Glazier	M	25-29	Sprint	6	21:56	01:04	01:00:42	01:25	13:38	1:38:45	25
Lynn Page	F	50-54	Sprint	24	24:09	02:18	01:01:19	01:46	13:38	1:43:10	26



Name	O/F	AG	Race	No	Run	T1	Bike	T2	Run 2	Result	
John Kirkham Herrera	M		Super Sprint	28	12:38	01:21	00:22:35	01:20	10:28	0:48:22	1
Darren Baines	M	35-39	Super Sprint	7	09:25	01:08	00:27:30	00:39	10:11	0:48:53	2
Joshua Berry	M	30-34	Super Sprint	10	10:34	00:59	00:25:47	00:58	11:55	0:50:13	3
Sam Parker	M	30-34	Super Sprint	11	10:35	01:15	00:25:46	01:04	11:41	0:50:21	4
Connor Diskin	M	30-34	Super Sprint	3	10:36	01:50	00:28:16	00:28	09:45	0:50:55	5
Thomas Adamson	M	20-24	Super Sprint	18	10:35	01:33	00:26:13	01:34	11:18	0:51:13	6
Neil Lockwood	M	60-64	Super Sprint	23	12:08	01:49	00:25:46	01:09	11:31	0:52:23	7
Eloise Billington	F	25-29	Super Sprint	1	10:33	01:02	00:29:13	00:52	10:55	0:52:35	8
Chris Nutman	M	30-34	Super Sprint	22	11:09	02:05	00:26:27	01:39	11:47	0:53:07	9
Phil Holland	M	60-64	Super Sprint	14	11:47	01:08	00:27:14	01:04	12:13	0:53:26	10
Stacey Whitworth	F	25-29	Super Sprint	2	11:30	00:56	00:28:29	00:37	11:59	0:53:31	11
Akkas Miah	M	30-34	Super Sprint	24	12:36	01:11	00:27:02	01:01	14:02	0:55:52	12
Danny Driscoll	M	60-64	Super Sprint	6	13:38	01:21	00:25:24	01:21	14:34	0:56:18	13
Sophie Ullah	F	25-29	Super Sprint	27	11:45	01:12	00:32:09	01:20	12:23	0:58:49	14
James Howard	M	50-54	Super Sprint	16	12:44	01:11	00:31:05	01:08	13:13	0:59:21	15
Stephen O'Hearns	M	45-49	Super Sprint	17	12:45	01:10	00:31:02	01:11	13:13	0:59:21	16
Sara Clamp	F		Super Sprint	12	13:12	01:23	00:31:43	05:09	14:45	1:06:12	17
Lisa Cairns	F		Super Sprint	13	13:16	01:17	00:36:08	00:46	14:45	1:06:12	18
Georgina Kirkham	F	35-39	Super Sprint	19	12:37				12:23		19