



	First Name	Last Name	O/F	AG	Start Time	Lane	Lane Direction	Race	##
Wave 1 09:00	Martin	Shurmer	open	55-59	09:00:00	1	Clock	Sprint	1
	John	Moore	open	50-54	09:00:00	1	Clock	Sprint	2
	Caleb	Wilkinson	open	25-29	09:00:00	2	Anti	Sprint	3
	Paul	Harrison	open	45-49	09:00:00	2	Anti	Sprint	4
	David	simm	open	40-44	09:00:00	3	Clock	Sprint	5
	Andy	Toynton	open	55-59	09:00:00	3	Clock	Sprint	6
	Nick	Di-Nardo	open	35-39	09:00:00	4	Anti	Sprint	7
	Mark	Haggart	open	60-64	09:00:00	4	Anti	Sprint	8
Wave 2 09:30	Daniel	Hosker	open	35-39	09:30:00	1	Clock	Sprint	9
	Laurie	Sharrock	open	35-39	09:30:05	1	Clock	Sprint	10
	Paul	Binks	open	55-59	09:30:10	1	Clock	Sprint	11
	David	Baron	open	50-54	09:30:00	2	Anti	Sprint	12
	Graham	Reeve	open	35-39	09:30:05	2	Anti	Sprint	13
	David	Williams	open		09:30:10	2	Anti	Sprint	14
	James	Rimmer	open	45-49	09:30:00	3	Clock	Sprint	15
	Rob	Wallace	open	40-44	09:30:05	3	Clock	Sprint	16
	Sam	Astin	open	30-34	09:30:00	4	Anti	Sprint	17
	Nigel	Dewhurst	open	60-64	09:30:05	4	Anti	Sprint	18
Toby	Lightbown	open	30-34	09:30:10	4	Anti	Sprint	19	
Wave 3 09:45	Lucy	Zalot	female	40-44	09:45:00	1	Clock	Sprint	20
	David	Hereward	open	50-54	09:45:05	1	Clock	Sprint	21
	Kate	Whittaker	female	50-54	09:45:10	1	Clock	Sprint	22
	Andrew	Ainsworth	open	50-54	09:45:00	2	Anti	Sprint	23
	Steve	Beck	open	40-44	09:45:05	2	Anti	Sprint	24
	Jordan	Wilson	open	30-34	09:45:10	2	Anti	Sprint	25
	Illyas	Patel	Open	50-54	09:45:00	3	Clock	Sprint	26
	Isla	Armstrong	open	45-49	09:45:05	3	Clock	Sprint	27
	David	Noland	open	60-64	09:45:10	3	Clock	Sprint	28
	janice	davies	female	50-54	09:45:00	4	Anti	Sprint	29
	Clair	Priestley	female	50-54	09:45:05	4	Anti	Sprint	30
Caroline	Hovington	female	50-54	09:45:10	4	Anti	Sprint	31	
Wave 4 10:00	Zoe	Woof	female	30-34	10:00:00	1	Clock	Sprint	32
	Ian	Burns	open	35-39	10:00:05	1	Clock	Sprint	33
	David	Handy	open	55-59	10:00:10	1	Clock	Sprint	34
	ben	woodhead	open	30-34	10:00:15	1	Clock	Sprint	35
	Luke	Butler	open	35-39	10:00:00	2	Anti	Sprint	36
	Catherine, John & Julie		open	55-59	10:00:05	2	Anti	Sprint	37
	Michael	Collins	open	45-49	10:00:10	2	Anti	Sprint	38
	Ben	Hargreaves	open	20-24	10:00:15	2	Anti	Sprint	39
	Lee	Johnston	open	45-49	10:00:00	3	Clock	Sprint	40
	David	Martin	open	30-34	10:00:05	3	Clock	Sprint	41
	bernie	parry	open	70-74	10:00:10	3	Clock	Sprint	42



	First Name	Last Name	O/F	AG	Start Time	Lane	Lane Direction	Race	##
Wave 4 10:00	Adam	Robinson	open	25-29	10:00:15	3	Clock	Sprint	43
	Chris	Shaw	open	35-39	10:00:00	4	Anti	Sprint	44
	Terence	Sutcliffe	open	35-39	10:00:05	4	Anti	Sprint	45
	Dean	Thorp	open	60-64	10:00:10	4	Anti	Sprint	46
	Anne	McCaugue	female	60-64	10:00:15	4	Anti	Sprint	47
Wave 5 10:10	Simon	Ryan	open	35-39	10:10:00	1	Clock	Sprint	48
	Michael	Brailsford	open	60-64	10:10:05	1	Clock	Sprint	49
	Adam	Simm	open	25-29	10:10:10	1	Clock	Sprint	50
	Laura	Monighan	female	40-44	10:10:15	1	Clock	Sprint	51
	Nathan	akers	open	30-34	10:10:00	2	Anti	Sprint	52
	Jack	Gotts	open	30-34	10:10:05	2	Anti	Sprint	53
	Adrian	Dunbar	open	70-74	10:10:10	2	Anti	Sprint	54
	Callum	Carter	open	25-29	10:10:15	2	Anti	Sprint	55
	Tom	Keetch	open	35-39	10:10:00	3	Clock	Sprint	56
	James	Kelly	open	35-39	10:10:05	3	Clock	Sprint	57
	Joseph	Simpson	open	25-29	10:10:10	3	Clock	Sprint	58
	Rachel	Smith	female	45-49	10:10:15	3	Clock	Sprint	59
	Sarah	Weinberg	female	35-39	10:10:00	4	Anti	Sprint	60
	sean	wells	open	55-59	10:10:05	4	Anti	Sprint	61
David, Samantha & Lola		open	50-54	10:10:10	4	Anti	Sprint	62	
Stephen	McNamara	open	45-49	10:10:15	4	Anti	Sprint	63	
Wave 6 10:20	Emily	Nolan	female	40-44	10:20:00	1	Clock	Super	64
	Mudassar	Ali	open	35-39	10:20:05	1	Clock	Super	65
	Carly	Barton	female	35-39	10:20:10	1	Clock	Super	66
	Charlotte	Naftel	female	30-34	10:20:00	2	Clock	Super	67
	Adrian	Hogg	open	40-44	10:20:05	2	Anti	Super	68
	Robyn	Hardman	female	30-34	10:20:10	2	Anti	Super	69
	Shaun	Dickinson	open	55-59	10:20:00	3	Anti	Super	70
	James	Churchill	open	40-44	10:20:05	3	Anti	Super	71
	Laura	Kendall	female	35-39	10:20:10	3	Clock	Super	72
	Fiona	Gale	female	50-54	10:20:00	4	Clock	Super	73
	Jo	Haines	female	55-59	10:20:05	4	Clock	Super	74
	James	Towey	open	30-34	10:20:10	4	Clock	Super	75